Instructional Design Project—Option 2

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For this final instructional design project, I created an online training on outdoor training basics. This training is intended for volunteers who will be camping with troops in the outdoors such as tent camping. Since my background is non-profit outdoor, in-class, and on-line trainings, I was familiar with some outdoor basics which councils could use when training new volunteers for outdoor experiences.

When developing this training, I used the ADDIE model. Included below is the story board developed for this course. This particular training module will help new volunteers on various basic outdoor skills. This training is designed to be quick and simple so parents, leaders, and other volunteers could utilize the information, and have a basic understanding of what is expected of them when working with girls in the outdoors. Within the training, I included specific learning objectives volunteers would be expected to meet by the end of the course, as well as questions along the way for them to test their skillset. These volunteers will then be able to take these new or refreshed skills and share them with girls while in the outdoors. In regards to evaluation, I went with survey monkey for volunteers to complete a quick survey on their learning experience.

For this particular course, I connected it with Social Cognitive Theory. According to the text, learners will not feel the need to show their newly learned skills unless they end up being motivated to do so (Schunk, D., Meece, J., & Pintrich, P., 2014, 129). Therefore; when I designed the course, I wanted these volunteers to understand they would be able to showcase these new skills with their girls while camping. All of these new skills would allow volunteers to feel empowered, and since they would be making a difference in the lives of these girls, it would also keep them motivated long after the actual training course. In addition, the course is based on specific outcomes we want them to meet by the end of the training. While this course does take place online, these volunteers will be engrossed with enactive learning at the campsite, as they will be learning how to properly set up camp, start a fire, and cook meals in the outdoors which will include certain consequences which could range from food not being cooked properly or an injury if safety protocols are not followed.

**Project Implementation and Analysis**

1. This course is designed to be completed in a virtual manner, however; I would recommend adding an outdoor module so these skills could be applied in an actual camp setting.
2. After completing the course design, I would add a bit more on the actual outdoor cooking methods, and additional safety information. For the one learner who did participate in the course, she was someone who had a background in this non-profit and the outdoors over 5 years ago, and found this course as a good refresher for her.
3. For this course, I would change the questions throughout the course to reflect more interaction verses the present multiple choice or true/false questions. As I designed the course, all I kept thinking about was how to motivate these potential learners. I have designed other courses, but motivation was not something in the forefront of my mind during the design process. I was more concerned with getting the information across to the learners, and less about the motivating factors in the training.

Motivational ID Form

**References:**

Schunk, D., Meece, J., & Pintrich, P.  (2014).  *Motivation in education: theory, research, and applications* (4th ed.).  Upper Saddle River, NJ: Pearson Education

Outdoor Basics for Volunteers Storyboard

| Topic/ Chapter | Visual Display | Audio (Script) |
| --- | --- | --- |
| Welcome/ Introduction | Welcome Image/Group of Girl Scouts | *Welcome to the Outdoor Basics Online Training for Volunteers! This quick and easy training gives volunteers some valuable information they can use while camping with a Girl Scout Troop. As a volunteer, you will be able to complete this training on your own time, and wherever is most convenient to you. These trainings are designed for you and your busy lifestyle. We hope you enjoy this course, and thank you for volunteering with us!* |
| Pre-Assessment | Display Pre-Assessment Questions   1. Are you confident in your volunteer role’s responsibilities and duties while taking a troop in the outdoors? 2. Can you properly prepare for an outdoor experience including packing clothing, food, safety equipment, and gear? 3. Have you cooked outdoors using a fire or propane stove? | *At this point, we will ask you to answer a few questions which will give us an idea of your current skillset. Please answer these questions honestly and know there is no grade for these questions. We are just looking for an understanding of your knowledge at this point.* |
| Learning Objectives | **Learning Objectives:**  Display Learning Objectives  By the end of this course, you will be able to:   1. Understand your role as a volunteer in the outdoors. 2. Prepare for an outdoor experience in a safe and simple manner. 3. Explain how to pack for an outdoor experience, and feel confident to share knowledge with the troop. 4. Practice strong safety skills while in the outdoors. 5. Identify appropriate meals and activities for the troop while in the outdoors. | *Throughout this training, we will be covering various outdoor experience topics which will help you in your volunteer role. By the end of this course, you will be able to:*   1. *Understand your role as a volunteer in the outdoors.* 2. *Prepare for an outdoor experience in a safe and simple manner.* 3. *Explain how to pack for an outdoor experience, and feel confident to share knowledge with the troop.* 4. *Practice strong safety skills while in the outdoors.* 5. *Identify appropriate meals and activities for the troop while in the outdoors.* |
| Your Volunteer Role | **Your Volunteer Role:**  Picture of Volunteer  Show Bullets:   1. Provide a Safe & Welcoming Environment 2. Plan with the girls 3. Encourage girls throughout the experience | *As a volunteer, your role is to provide a safe and welcoming environment for all girls. In the outdoors, we want girls to feel safe away from home and confident to explore the world around them. We encourage you to plan outdoor camping trips with your girls, so they can be a part of the entire process. They will look to you for encouragement and knowledge throughout their outdoor experience*. |
| Question #1 & #2 | **Question #1 & #2**  As a volunteer, what type of environment will you provide for girls?  When planning a trip with your troop, will you plan everything ahead of time for the girls, or will you work with the girls to make plans? | *These first two questions are reaching into YOUR role as a volunteer, and how your experience will be in the troop setting.*  *We ask you to read and answer each question.* |
| Preparing for the Outdoors | **Preparing for the Outdoors**  Picture of a Camping spot  Show picture of Shopping Cart, Lists, Vehicle, Group of Girls Brainstorming. | *Anytime you take a trip, you start to make your packing lists, shop for needed items, and safely pack items into your vehicle. When going camping with your girls, you will help them prepare for their trip by helping them understand what they will need to bring, what to expect when camping, and how to act while away from home. Take time well before the trip to have girls brainstorm and plan a “mock” camping trip. Ask them to answer questions like:*   1. *Where will you go on this trip?* 2. *What supplies will you need to bring?* 3. *How much food, and what kind of food will you need to purchase?* 4. *How will you get to the destination?* 5. *What activities will you participate in while camping?* 6. *Is there an opportunity to help others while on the trip?*   *These questions will get girls thinking about the necessary steps while preparing for a trip. You could break girls into small groups, and have them think through these questions and, then share their plans as a whole with everyone.* |
| Test Your Knowledge-Question #3 | **Test Your Knowledge:**  As you prepare with the troop to go camping, how would you share with girls what to expect and help them understand the best way to prepare? | *Please answer this third question. We want to hear how you plan on helping girls prepare for their outdoor adventure.* |
| Packing for the Outdoors | **Packing for the Outdoors**  Duffel Bag, Sleeping Bag, Relay Race | *When girls pack for the outdoors, it’s valuable to show them the size of bag to bring, kind of sleeping bag, and the proper clothes. You could share with girls the importance of checking the weather before a trip, and use that as a guide of what kind of clothes to bring. The girls could even do a relay race which would make it fun and interactive. Bring 2 brown bags filled with summer and winter clothes. Then the girls would break up into two lines. The host of the game would call out a scenario such as: “You are going camping, and it’s going to be…cold!”* *After the scenario is announced, one girl from each team will quickly head down to the brown paper bags, and put on all the winter clothing items. This is just a fun way for girls to understand what to wear in different seasons. Another idea is showing girls how they could roll up each outfit into a gallon ziplock bag. This will keep their outfit together and dry as they head to the bathroom. Encourage parents to attend these planning meetings so they can hear these tips!* |
| Test your knowledge – Question #4 | **Test your Knowledge**  **True or False**  When you are going on a camping trip with your girls, you should have all the girls bring their items to the meeting so you can pack their bags for them. | *Here is another question to test your knowledge! Go ahead and answer this true or false question.* |
| Safety in the Outdoors | **Safety in the Outdoors**  Display pictures of:   1. Fire 2. Buddy System 3. Tent 4. Flashlight | *Safety is so important especially in the outdoors. It’s vital to share with girls, parents and any other volunteers camping some different safety rules including:*   1. *When around the fire, tie back your hair, and secure any loose clothing. The fire circle always has an entrance and an exit to prevent any colliding while walking. If you are not cooking around the fire, stay seated. If you are a chef for a meal around the fire, in order to keep a stable balance, always keep one knee down on the ground. This will allow you to stay stable.* 2. *Always have a buddy anytime you go anywhere. Stick with your buddy! Leaders could do quick, spontaneous “buddy checks” where the girls must locate their buddy that instant.* 3. *While in the tent, there should be no food, or open flames.* 4. *Use a flashlight when walking around at night, and look out for creatures.*   *These safety tips are simple, but will keep the entire group safe on your outdoor adventure.* |
| Test Your Knowledge- Question #5 | **Test your knowledge**  Multiple Choice:  Which of these safety tips is accurate?   1. When camping with your girls, it is okay for them to walk around at night on their own. 2. It is perfectly fine to bring a snack or drink back to your tent. 3. While around the camp fire, establish an entrance and exit. | *Multiple Choice:*  *Which of these safety tips is accurate?*   1. *When camping with your girls, it is okay for them to walk around at night on their own.* 2. *It is perfectly fine to bring a snack or drink back to your tent.* 3. *While around the camp fire, establish an entrance and exit.* |
| Cooking in the outdoors | Display pictures of fun recipes to make. | *Cooking in the outdoors can be fun, and memorable. When cooking though, think of simple meals to make with girls. For breakfast, break the troop into small groups, and each group can prepare a part of the meal. A simple fruit salad or fruit kabobs with a breakfast sandwich or even breakfast burritos. This way, the girls can add what they want on their sandwich or burrito. Check out pinterest for some simple, no fuss recipes! Show the options to the girls, and have them vote. You will be able to guide them towards those easy options. Another tip…always have a back-up non-cook meal. (Trust me!)* |
| Activities in the Outdoors | Picture of a Hike, Girls Singing Songs, Telling Stories, Games, and Picture of a Service Project. | *While in the outdoors, the activities are endless. Take girls on a hike, sing songs, tell stories, play games, or complete a service project. Girls can get back to nature, and enjoy being with their sister girl scouts.* |
| Post Assessment | **Post Assessment**  Show link to Survey Monkey.  https://www.surveymonkey.com/s/KB2D2PP | *Thank you for completing this outdoor training. We hope you learned some new ideas and tips you can use when planning for your own outdoor experience. You are making a difference in the lives of these girls, and we appreciate your dedication to building girls of courage, confidence, and character!*  *Please take a few minutes to complete our post assessment. This will give us an idea if you feel more confident in this area.* |